

COVID-19 CORONAVIRUS RISK ASSESSMENT



This Risk Assessment looks at the specific risks associated with the Covid-19 virus and is to be used in conjunction with risk assessments used alongside and together with standard operations within the Club -

This Risk Assessment Template is based on one used by British Canoeing.

Re-entry phase 2: Socially distanced coached or session leader led water sessions not requiring access to operated venues.

Coaching can now take place up to a 1:5 basis so long as social distancing is maintained. Anyone leading up to a 1:5 activity should ensure appropriate safety frameworks are in place, that delivery is in safe and familiar environments and that the paddler is self-sufficient and no equipment is shared.

Coaches are reminded that any coaching of under 18s or beginner Adults on a 1:1 basis should be avoided.

The relaxation of the government guidance on social gatherings now means that group coaching (up to 1:5) or individual coaching with parent/carer supervision can now take place. Coaches are reminded of the principles of British Canoeing's safeguarding policy.

This is a new situation for everyone and as such it is necessary to evaluate the risks the Virus has put upon how we operate our Club.

This Risk Assessment looks at the Hazards and suggests ways in which they can be risk managed.

Method statements will be provided to back up these findings and provide specific advice to all for specific operational scenarios.

Risk Assessment scoring is as follows :-

Probability of Injury/Loss/Harm (P)		Severity of Injury/Loss/Harm (S)				Overall Risk		
1	Very Unlikely	1	Minor	Mild bruising, minor cuts, mild chemical irritation to eyes or skin. No absence from work or absence of less than 3 days.	Minor property damage	Score	Overall Risk	Acceptability
2	Possible	2	Serious	Loss of consciousness, burns, breaks or injury resulting in absence from work for more than 3 days. Other non-permanent chemical effects.	Serious property damage confined to the workroom or area	1 - 5	Low risk	Reasonably acceptable risk. Modify wherever possible. Implement control measures. Monitor.
3	Probable	3	Major	Permanent disability or other reportable injury or disease.	Major property damage affecting the building	6-12	Medium risk	Tolerable risk. Review and modify wherever possible. Enforce control measures. Review regularly. Monitor.
4	Very Likely	4	Fatal	Death	Property damage affecting the loss of one or more buildings	13-16	Very High risk	Unacceptable risk. Stop work and modify urgently. Enforce control measures.

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Risk Assessment: Re-entry Phase 2					Date: 07/06/2020 rev A		Carried out by: Philip Amey		
Hazard	Who might be harmed and how?	Before Controls (initial risk)			Control Measures (Initial)	Control Measures (Updated)	After Controls (Revised risk)		Overall risk
		P ⁱ	S ⁱ	3+			P	S	P x S
Spreading or contracting the virus	Athletes, Club officials People within the households of the people above	4	3	Y	<p>A daily symptom self check of individuals within the session and the members of their household is put in place to try to keep people who might be carrying the virus out of the training environment.</p> <p>No video reviews or analysis of clipboard data, all needs to be done online post session.</p> <p>Ensure people take precautions if touching communal touchpoints or shared equipment that can't be prevented i.e. boats, decking, bollards, buoyancy aids, paddles</p> <p>Club Officials only to open Main Gate, Containers and Shed</p> <p>Athletes to bring hand gel as required</p> <p>Shared Equipment to be cleaned thoroughly after use and only used by another person after a break of 72 hrs, unless it is the same person, then the equipment can be used normally without time restriction.</p> <p>All athletes and officials are inducted and made aware of guidelines and restrictions in place.</p> <p>Awareness of vulnerable people in athletes and staff's households by completing the Athlete opt-in form.</p>		2	3	6

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					Observing basic hygiene (regular hand washing and covering sneezes in the elbow) pre and post session.					
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Hazard	Who might be harmed and how?	Before Controls (initial risk)			Control Measures (Initial)	Control Measures (Updated)	After Controls (Revised risk)		Overall risk
		P ⁱ	S ⁱ	3+			P	S	P x S
Keeping to Social Distance restrictions	Athletes, Club officials People within the households of the people above	4	3	Y	<p>All athletes and Club Officials keep a 2 metre distance from each other at all times unless from the same household.</p> <p>Coaches to ensure training prescription and session structure/organisation is supportive of this.</p> <p>No crewboat /C2 sessions (unless athletes from the same household).</p> <p>Athletes to arrive/leave in kit/change in a sensitive manner away from public view and ensuring maintenance of 2 meter distance from others not within their household.</p> <p>Maintain Clear zones of operation for athletes and officials,. especially at - Equipment stores, Cleaning area and water launch and egress points</p> <p>When individuals are within 2 metres of each other (on the water only) these individuals need to move or keep moving to ensure they are not in close proximity for more than 2 mins.</p> <p>Consider the coaching environment and be sensitive to the public space it is being conducted in to ensure social distancing can be maintained, avoid busy venues/times if social distancing restrictions cannot be implemented.</p>		2	3	6

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		P ⁱ	S ⁱ	3+			P	S	P x S
Injuries	Athletes	2	3	Y	Coaches to make training choices that minimise the risk of Injury and the potential need to administer First Aid. Any training prescriptions must consider how long the Athlete has been away from serious training in order to prevent injury.		1	2	2
Post Illness with Covid-19 related implications	Athletes	2	3	Y	Awareness of athletes that have had or are suspected to have had Covid-19, through completing the Athlete Health check return to training form . Coaches to follow the "Graduated Phased Return to Play (GRTP)" after Suspected Covid-19 guidance ,when a case is suspected/confirmed before the athlete returns back to training.		2	3	6
Emergencies + accidents	Athletes, Coaches, NHS	1	3	N	Coaches to have appropriate rescue equipment (including appropriate personal first aid kit) and mobile, and follow new guidance on managing COVID-19 risk to themselves whilst administering First Aid - see below Paddler or parent/guardian to be responsible for their first aid kit provision and will be required to self administer if first aid is required in the first instance.		1	2	2

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		P ⁱ	S ⁱ	3+			P	S	
					<p>Follow COVID-19 First Aid Guidelines</p> <p>Athletes to be capable of self rescue in the event of capsize, coach to ensure environment and conditions appropriate for the ability of the individual and group</p> <p>In urgent life threatening cases that may require outside intervention; the risk of contamination is mitigated as far as possible using simple positioning techniques when extracting or rescuing from water, ensuring as few rescuers as possible are exposed as possible and that the casualty is kept facing away from any rescuers as far as possible.</p> <p>See also St John Ambulance COVID-19 Advice for First Aiders</p>				

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		Name	Signature	Date
Original Assessment	Carried out by:	Philip Amey	<i>P Amey</i>	07/06/2020
Review	Intermediate review by:			
	Yearly review conducted by:			
	(incident/accident review takes place before the risk assessment review)			