

Southampton Canoe Club

Rules of Use of the Activity Centre

reviewed 29-12-2016 by P.Amey

1.0 ATTENDANCE REGISTER

Everyone attending sessions at the Club **MUST** sign into the **REGISTRY BOOK** which is located on the clothes cage next to the Female changing rooms. Please **PRINT** your **NAME** and whether you're an **ADULT** or **Junior**

----- You will not be allowed on the Water if you have not signed in -----

REASON – We need to be able to inform Police and/or other authorities as to who is/was present in case of any mishaps that may happen on the water, whether, of our doing or involving other river users.

2.0 TIDE

When the tide is low the coaches will either:-

- a. Arrange for all paddlers to walk their boats across to the nearest Beach next to Woodmill and/ or the beach across the park and will then enter the water at the alternate entry point OR
- b. Arrange for boats to be transferred by trailer to meet paddlers at Riverside Park so as to enter the water at the alternate entry point. OR
- c. Arrange for boats to be carried to the Canal side accessed from the Activity Centre side to use the canal on such occasions.

The above is to be managed by the Coaches in charge prior to and/or on the day/date of the session and is subject to weather conditions.

Coaches must advise paddlers in advance as far as is practicable as to which of the above situations will be in place on the day of their sessions.

REASONS for implementation -

- i. The mud is extremely fluid and can cause individuals and boats to become stuck and/or covered in mud
- ii. Years of debris of various kinds are hidden deep in the mud and could cause injuries to persons trying to transit across same
- iii. The time taken for all to enter and egress the water gets extremely extended and thus paddling time is reduced for all concerned as well as having an impact on preceding sessions.

3.0 PARKING for parents, adult members and Coaches at the Hard and at the Centre

Please ensure that when parking at the Activity Centre that you give due consideration to other members of the Public who may be using the area. Alternatively please park in the Public car park just across from Woodmill.

PLEASE DO NOT PARK IN WOODMILL LANE NOR BLOCKING ANY OF THE ACCESS ROADS ON SITE

This includes ALL COACHES – EMERGENCY ACCESS MUST BE MAINTAINED AT ALL TIMES.

4.0 AVOID TRIPS AND FALLS

Keep boats clear of walkways to avoid leaving tripping hazards for passers by.

Be careful when walking on the Pontoon as it is generally very slippery. **DO NOT RUN.**

Be careful when taking boats to/from the pontoon via the public footways – **DO NOT BLOCK PATHS** and ensure that you remain aware of cyclists and other highway users

5.0 FAECES

Coaches will inspect the grass areas as appropriate for faeces and remove same prior to allowing attendees to use the grassed areas for setting up their boats. If you notice any faeces do not pick it up – inform the Coach who will deal with it appropriately.

5.0 DISGUARDED SYRINGES and Other undesirable items

Please be aware that as this is a public area there could be any such items in the area.
DO NOT PICK these up NOR TOUCH them.
ADVISE THE COACH of the presence of anything you notice and leave well alone.

6.0 RETURNING BOATS, PADDLES and BUOYANCY AIDS to CONTAINERS

All paddlers **MUST** return paddles, boats and buoyancy aids to **the containers** at the end of every session, unless told to do otherwise by a Coach for a specific reason.
Please hang-up your buoyancy aids on the hangers provided.

No boats, paddles or buoyancy aids are to be left unattended.

Please also return your boat to it's designated slot in the container – as best as you can.

----- **DO NOT DROP THE BOATS THEY ARE VERY FRAGILE** -----

7.0 DO NOT SIT IN BOATS ON THE LAND

Whilst we appreciate it is necessary to set up the seat for first time users, we try to discourage continued sitting in the boats whilst on the land.

If you need to do so – please ensure that the rudder is protected from damage before sitting in the boat – use of a buoyancy aid to lift up the stern is preferred.

8.0 DAMAGE to BOATS and KIT

We are very aware that damage can occur to boats and kit whilst you are on your session, hopefully in most cases this will be accidental.

We would rather know about the damage that has occurred , so that we can get a repair organised rather than find out the next time we take that boat out.

Please let your Coach know about any incidents. He or she will not be angry with you I assure you.

AND LASTLY

PLEASE ENSURE YOU ARRIVE WELL IN ADVANCE OF YOUR SESSION AND ALTHOUGH WE ASK THAT YOU
KEEP THE ABOVE IN MIND, THE MOST IMPORTANT THING IS TO

HAVE FUN

Chairman

Southampton Canoe Club